



FOUNDATION MASTERCLASS: REAWAKENING THE HUMAN SPIRIT

WEEK #	CLASS	TOPIC	INSTRUCTOR	DAY	START	END
Week 1	FOUNDATION 1:	Spirit@Work® Cards; HGL Overview; We are all Leaders; Learning	Lance Secretan	Tuesday	1130 EDT	1300 EDT
Week 2	FOUNDATION 2:	Inclusion and ONEness	Lance Secretan	Tuesday	1130 EDT	1300 EDT
Week 3	FOUNDATION 3:	Stress	Lance Secretan	Tuesday	1130 EDT	1300 EDT
Week 4	FOUNDATION 4:	Motivation vs Inspiration	Lance Secretan	Tuesday	1130 EDT	1300 EDT
Week 5	FOUNDATION 5	The Social Self and the Essential Self	Lance Secretan	Tuesday	1130 EDT	1300 EDT
Week 6	FOUNDATION 6:	Wrap up	Lance Secretan	Tuesday	1130 EDT	1300 EDT