



5 Big Questions for **XXXXXXXXXX** to Ask Prior to Coaching

1. If you were on your deathbed and you wanted to tell your children—or the young people with whom you are close—the three most important things that you've learned in your life, what would they be?
2. What inspires you and gives you the greatest joy, satisfaction and renewal in your life and how could you do more of it?
3. Who are you without your job, your money? Describe in detail.
4. What activities could you add to your life that would be a source of richness and joy? What is your next act?
5. Think of someone you admire deeply--and explain why.